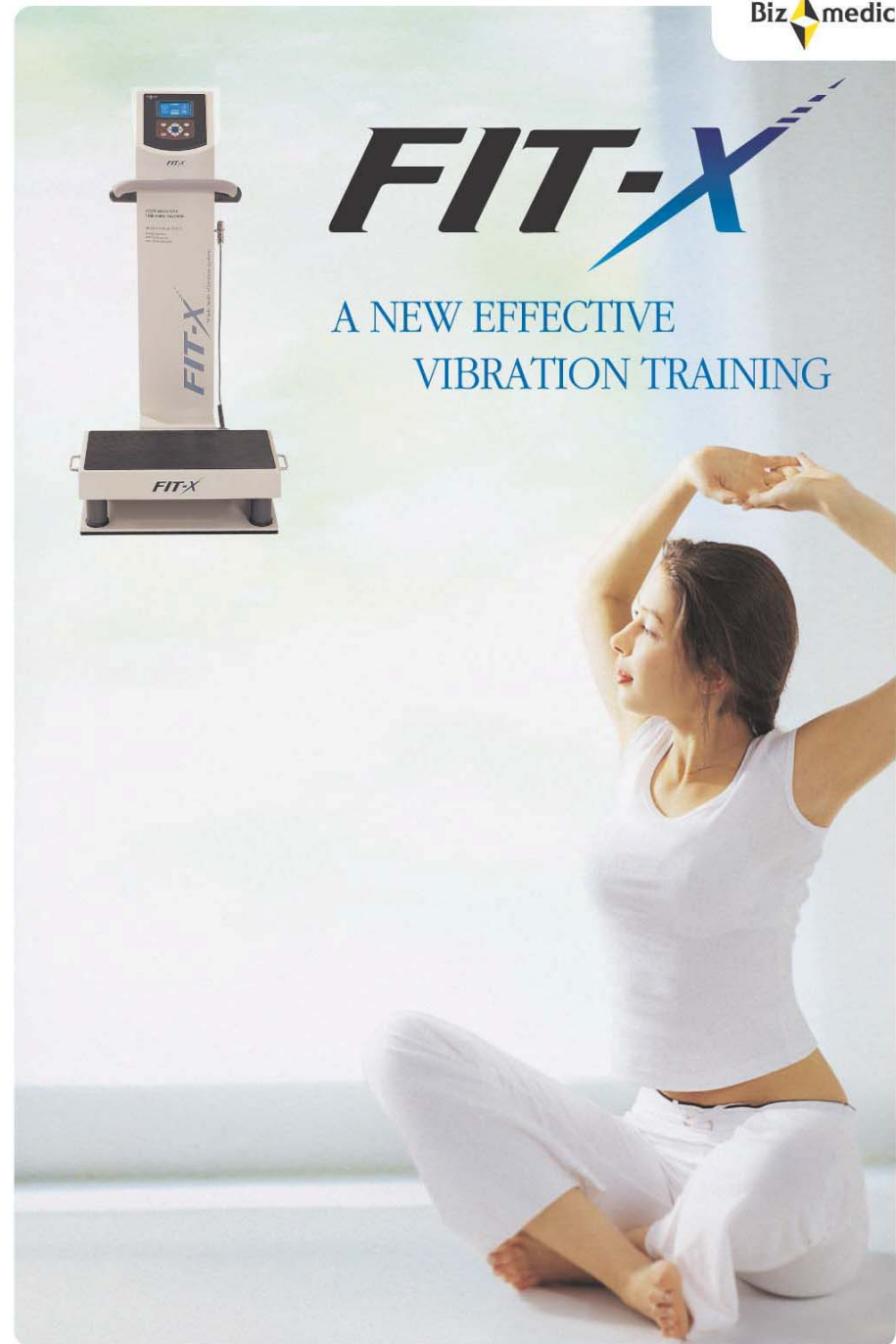


| Specifications | APPLICATIONS | Contra-indications |
|--|--|--|
| <ul style="list-style-type: none"> • Bizmedic FIT-X • Weight : 103kg • Power Source : AC 220V • Power Consumption : 700VA • Timer : 1~30 minutes • Size: 800x780x1432 • Display : Graphic STN LCD  | <ul style="list-style-type: none"> Geriatric Medicine Anti-aging Strategies Rehabilitation Fitness Sport Training Cosmetic Treatment Physical Therapy   | <ul style="list-style-type: none"> Pregnancy Serious cardiovascular disease Advanced arthrosis Pacemaker Sever Diabetes Recent Infections    |





Exercise more get more Healthy. It includes scientifically differentiated programs as your own personal coach.

A advancement of science, FIT-X Whole body Vibration Training System

FIT-X is an science apparatus of training system which increase muscle strenght and power, physical performance. It is a mechanical stimulus characterized by oscillatory motion that is delivered to the entire body. Therefore FIT-X is 'No weight' training, possibly substituting all the effect of Whole body depending on the selected frequency, position and time Also it is an effective training system compared with traditional training methods, FIT-X is increased in much less time (10minutes of vibration training = 100minutes of health)

Physical effect of fit-X

1. **Muscle**
Muscle strength and power
2. **Bone**
Bone density/strength
3. **Blood vessels**
Stimulating blood circulation
4. **Hormones**
Increasing growth hormone, increasing male hormones
5. **Obesity**
Fight against cellulite, fat reduction
6. **Others**
Chronic pains,help skin intensity

Characteristics of fit-X

- Vibration training for losing body fat and weight
- Product personalization programs towards ages, parts of body, levels of skills
- A leveled program : pre-exercise, exercise, and wrap-up
- The biggest effect with a rather short time compared with others traditional training methods
- Hand-held remote switch
- A strap to send vibration to a certain part of the body
- The biggest size of LCD
- A convenient controlling panel to use
- A safe bar for users
- A slim and cool design

FIT-X integrated training system.

Comes with a built-in normal mode and program mode.

NORMAL MODE

There are programmed for user own exercise. its user can personally program frequency, time and position. User can choose parts of the body needed to be stimulated so that it is easy to achieve user's exercise goal.

PROGRAM MODE

It is impossible for its user to set programs, but the program is included in the system itself. It is already programmed to the traits of users and the goals of their exercise so that they can exercise safely and scientifically.



EXPERT

It targets a certain part of body muscles for experts, users can choose a certain part of body where they want to make its muscle strong and focus on exercising. Therefore, it is more effective than any other system for strengthening its muscles.

Chest / Back / Shoulder / Biceps / Triceps / Abdomen / Thigh / Gluteus / Calves / Whole Body1 / Whole Body2



FITNESS

It has various levels step of users' progression , so they can exercise without professional knowledge.Also provide Senior Mode to safe for user to use

Beginner / Intermediate / Advanced / Excellence / Athlete / Senior



TREATMENT

The program can help to treat a certain symptom would work effectively and safely. These are an advanced program that allows to innovative treatment results in Treatment field

Circulation / Flexibility / Relaxation / Massage / Bone Effect / Fat Burning